Alcohol Harm Prevention Capacity in East Africa: Interim Study Findings

2nd Uganda Alcohol Policy Conference Monica H Swahn, Ph.D.* Nazarius Mbona Tumwesigye, Ph.D. (presenter) Rogers Kasirye, M.A. David Kalema, Ph.D

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In Collaboration with the East Africa Alcohol Policy Alliance,
the Uganda Alcohol Policy Alliance,
the Uganda Youth Development Link &
the Alcohol, Drugs and Addiction Prevention Research Centre at
Makerere University

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Context for Capacity Survey



- Alcohol misuse is highly prevalent across Eastern Africa, but remains a largely unaddressed public health issue
 - The infrastructure is fragmented, policies are often inadequate, limited or not enforced.
 - Prevention, treatment and policy efforts to address alcohol misuse often driven by NGOs/CBOs
 - Little is known about the capacity, at the national or regional levels, or approaches used by NGOs/CBOs for alcohol prevention or harm reduction.

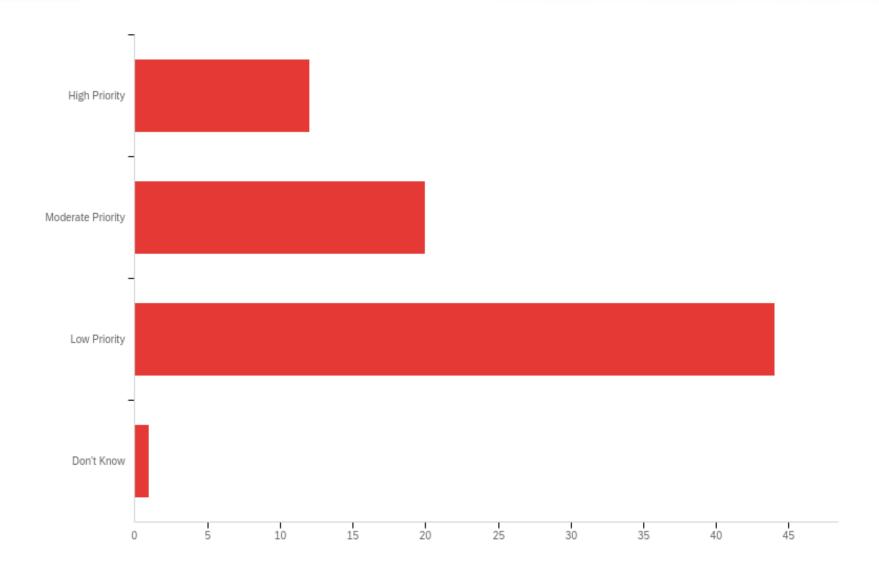
Overview of Survey



- Objective: To assess awareness, capacity and approaches used by NGOs/CBOs in East Africa to address alcohol harm
- Online survey developed by Professor Swahn
- Cross-sectional survey administered by EAAPA to stakeholders (no incentive) via email
- Survey is still in the field with anticipated completion date of December 11
- Countries included: Burundi, Kenya Rwanda, Tanzania, Uganda
- Presenting a brief overview of interim findings (N=81)

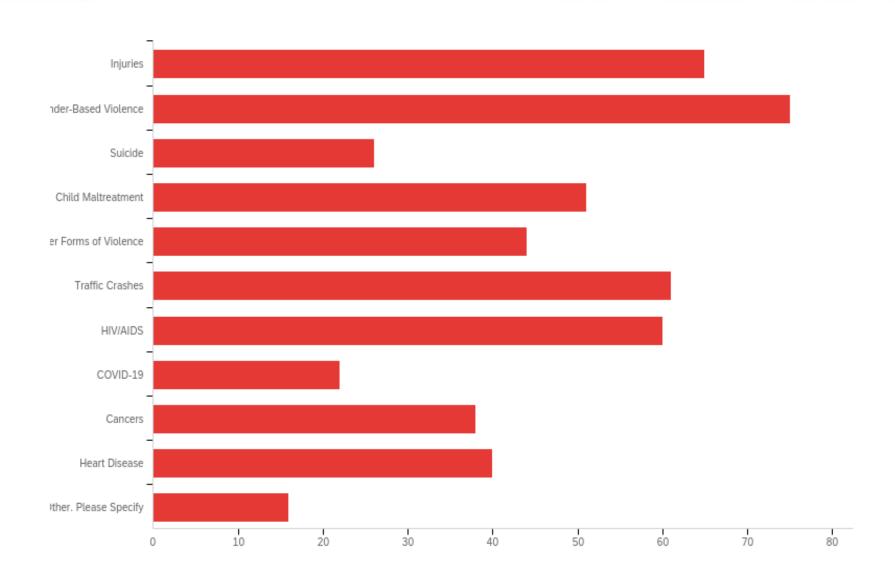






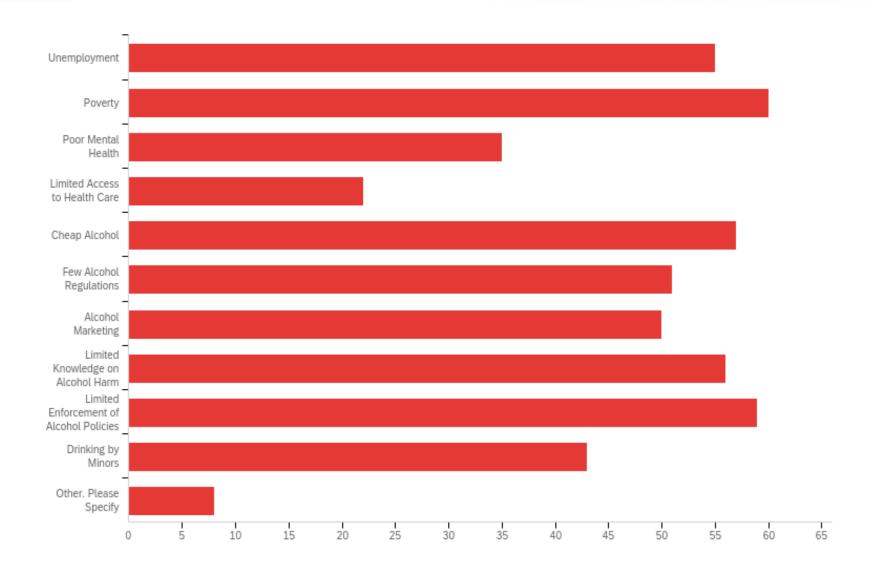
In your opinion, what are the main types of alcohol-related harm in your country? Please select all that apply





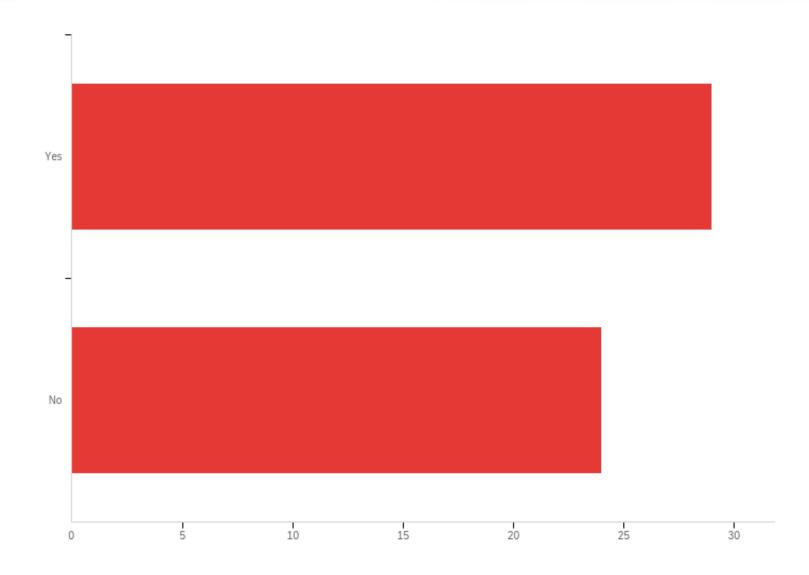
What do you think are the main risk factors for alcohol-related harm in your country? Please select all that apply.

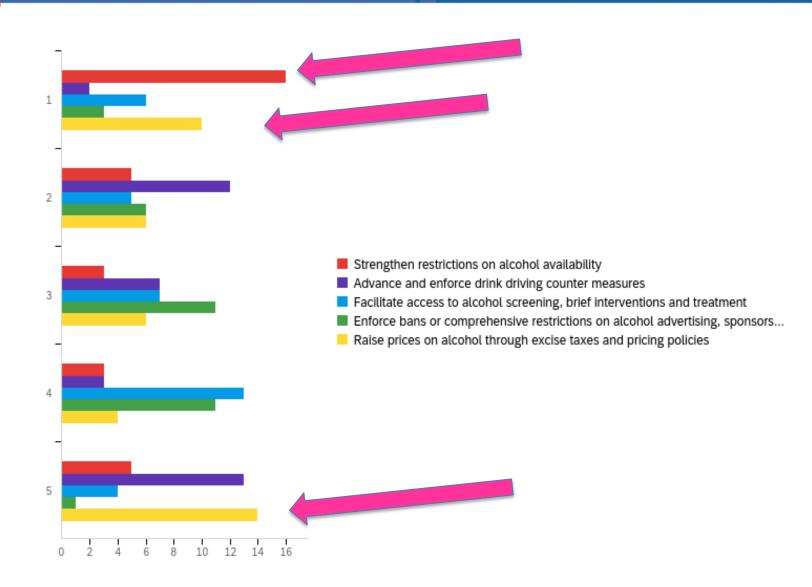




Are you familiar with SAFER, the alcohol control initiative launched by the WHO in 2018?

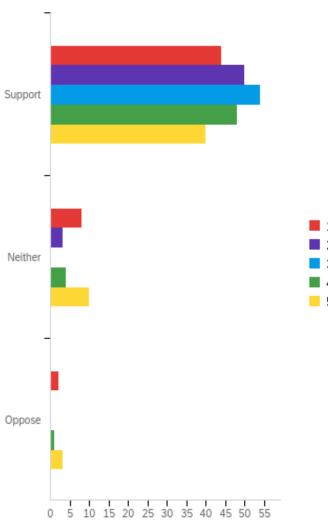






In your opinion, would people in your community support the following strategies to address alcohol-related harm?

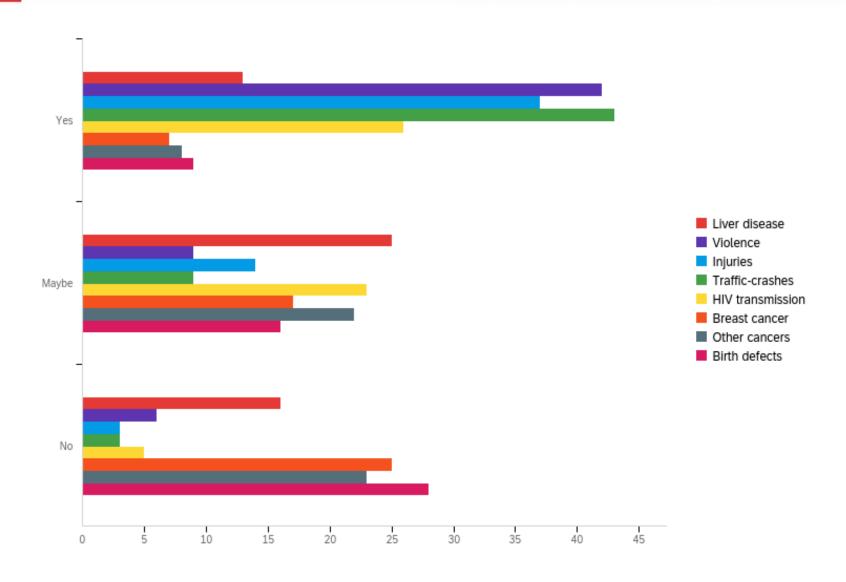




- 1. Increase enforcement of existing alcohol-related laws
- 2. Educate people about the consequences of alcohol use
- 3. Increase community awareness of the problems and costs associated with a...
- 4. Teach communities how to change unsafe behaviors and norms related to al...
- 5. Enact new laws to address alcohol-related harm.

In your opinion, do people in your community know that alcohol causes and contributes to:





Key Findings



- Alcohol capacity, resources, policies and needs vary across the 5 countries in East Africa (break down by country not shown).
 However, alcohol harm prevention is perceived to be low to moderate priority across the countries.
- Risk factors for alcohol harm are primarily structural (eg need to be addressed through policies and broader prevention strategies).
- More than 1/3 of survey participants are NOT familiar with WHO SAFER initiative and perceptions around taxation seems inconsistent as it is ranked as highest and lowest intervention priority
- Participants reported generally strong support for interventions and outlined several alcohol-harms likely NOT known by community members i.e., birth defects and cancers.

Survey is Ongoing



- We will share full report when survey is completed...
- Meanwhile, send Prof Swahn an email to receive the survey link...
- We need more responses to capture the needs and diversity across the countries and within Uganda.

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Thank You!



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