

IOGT·NTO·MOVEMENT

The Burden of Alcohol in East African Region

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Key points to note;

- *The statistical information in this presentation is based on Alcohol Situation Analysis (ASA 2021)*
- *The study covered five countries within East Africa (Kenya , Rwanda, Uganda, Tanzania and Burundi)*
- *Sample size was 3387 people from 44 wards*

Children Initiation on Alcohol



56.5% of the respondents take a first drink of alcohol below the age of 18.

"I consumed my first beer at the age of 12. After a little time, I could drink up to 10 bottles or a whole locker when with cool friends. It's dangerous because I once found myself in a man's bed."
Female respondent from Burundi.

10-14 years (15%), 14-17 years (20%)

Alcohol on Household Income



7.5%

Spend their monthly
income on alcohol

35.5%

Alcohol and Violence Against Women

29% of women have been beaten by men under the influence of alcohol

18.4% of women have been forced to have sex with men under the influence of alcohol



Violence Against Children....



32% of children (aged 10-17) have been beaten by parents/guardians under the influence of alcohol.

Covid 19 factor



Accessibility of alcohol

How easily is alcohol accessed in your community?

78% of respondents said there are more than 10 producers/distributors of alcohol within 500 metres to homes.

Accessibility of Alcohol.....



- **30.9% of children aged 10-17 years said it is easy to get and buy alcohol when sent by parents/elders**



However;

***60.7% of the respondents
want to reduce their
alcohol use.***

an opportunity....

Legal Status of Alcohol Control in East Africa

Alcohol Policy

Alcohol Law

BURUNDI



KENYA



RWANDA



TANZANIA



UGANDA





Thank You

